

**ABSTRACT OF THE DISCLOSURE**

A paddle support for a vessel, such as a kayak or canoe. The paddle support includes an upright support member of adjustable length and a retainer at the top portion of the upright support member for retaining a paddle. The upright support member has an elastic cord that allows the paddle to extend past a predetermined set height to allow a rower a greater range of operation motion, while allowing return to the predetermined set height upon release of an external force.